

September 2021

## SERVICES APPROVED FOR FUNDING Under the Family First Prevention Services Act

This table presents information only for the services that have been reviewed by the [Title IV-E Prevention Services Clearinghouse](#), met criteria, and received a rating of either Well-Supported, Supported, or Promising. Categories of consideration in making the ratings include Risk of Harm, Usual Care or Practice Settings, and Beyond the End of Treatment. To receive a rating of Supported or Well-Supported, programs and services must show sustained favorable effects beyond the end of treatment, present evidence obtained from research conducted in a usual care or practice setting, and have an empirical basis that suggests that the overall weight of evidence supports the benefits of the program or service.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Adolescent Community Reinforcement Approach (A-CRA)</a>  Promising	A behavioral intervention that aims to support substance use recovery for adolescents and young adults through supporting positive relationships and engagement in prosocial activities.	Adolescents and young adults between the ages of 12 and 24.	Weekly 60 minutes sessions over 12 to 14 weeks. Participants also attend at least 2 90-minute sessions with their parents or caregivers, who also participate in 2 sessions without the adolescents.	No cost information provided.  Contact program developers for information: (309) 451-7800	A-CRA is implemented by clinicians with a bachelor's or master's degree in counseling or a related field. Providers must complete a 2.5-day training workshop and receive certification the approach, which includes participating in periodic coaching calls.
<a href="#">Brief Strategic Family Therapy (BSFT)</a>  Well Supported	Uses a structured family systems approach to treat families with children who display or are at risk for developing problem behaviors.	Families with children and adolescents (age 6 to 17).	Typically delivered in 12 to 16 weekly sessions.	Estimated cost of \$3,500 per youth. Cost can vary depending on agency salaries, distance to families in treatment, etc.	BFST is delivered by trained therapists with a master's degree and training and experience with basic clinical skills common to behavioral interventions and family systems theory.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Child First</a>  Supported	Home-based intervention to promote health child and family development through a combination of psychotherapy and care coordination. Child First's clinical team includes a mental health clinician and a care coordinator.	Children and their families from prenatal through age five. Targeted concerns are children with emotional, behavioral, and developmental, and learning problems, and families with multiple challenges (such as extreme poverty, violence, substance abuse, abuse and neglect, incarceration, etc.). There are no exclusion criteria other than geographic area.	Home visits lasting 1 to 1.5 hours twice weekly during the first month; after that visits at least once a week, depending on the needs of the child and family. Services continue for 6 to 12 months but may be longer based on family needs.	The average cost of implementing Child First is \$8,359 per family. Please contact Child First for more information about annual fees and training, (203) 538-5222	The home visiting team of a clinician and care coordinator and clinical supervisors receive extensive training through a 6-month learning collaborative, distance learning, Child-Parent Psychotherapy, and Abecedarian. Up to 32 teams and 8 supervisors can be trained in a cohort of up to 8 affiliates.
<a href="#">Child-Parent Psychotherapy (CPP)</a>  Promising	An intensive therapy model that aims to support family strengths and relationships, help families heal and grow after trauma, and honor family and cultural values.	Children ages 0 to 5 who have been exposed to a trauma and their parents or caregivers.	Weekly sessions are typically 60 to 90 minutes over the course of 20 to 32 weeks.	18-month training course costs \$2,200 to \$2,500 per participant.	Providers must have experience as a mental health professional and participate in required training, including a 3-day didactic training, 2 competency-building workshops, and 18-months of supervision.
<a href="#">Eye Movement Desensitization and Reprocessing (EMDR)- Standard Protocol</a>  Supported	A psychotherapy treatment aimed at minimizing emotional distress and symptoms associated with traumatic memories and adverse experiences such as	Children and adults experiencing distress associated with traumatic memories.	EMDR is administered in 8 phases over a minimum of 2 sessions. Sessions typically last 90 minutes. Therapist and client determine the frequency and number of sessions.	Basic Therapy Training for EMDR ranges from \$275 to \$750 per weekend. On average, EMDR therapy costs service users \$100 to \$250 per session.	EMDR is delivered by licensed clinicians with a master's degree or higher. EMDR basic training takes place over two weekends.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Family Check-Up</a>  Well-Supported	PTSD, depression, anxiety, phobias, addictions, and somatic conditions.	Children and adults experiencing distress associated with traumatic memories.	There are three main components of Family-Check Up, which are delivered dependent upon the availability and needs of the families served.	Cost of training starts at around \$2,000 and includes resources, supplemental trainings and support needed for implementation.	Family Check-Up is delivered by Qualified Family Check-Up Providers. Providers must complete training either in-person, online or in a hybrid format.
<a href="#">Families Facing the Future (FFF)</a>  Supported	An intensive program that teaches parenting and relapse prevention skills to parents receiving methadone treatment.	Families with one or more parents receiving methadone treatment who have children or young adolescents (age 5 to 14).	Parents attend 90-minute group sessions twice a week for 16 weeks, for a total of 32 sessions. Children attend 12 of these sessions with their parent(s).	Three-day training costs \$1,500 per day plus travel expenses. A PDF of the workshop leaders' guide costs \$200 and can be copied for agency use.	Implemented by professionals with a master's degree and training in chemical dependency and parenting.
<a href="#">Family Spirit</a>  Promising	A flexible home visiting program designed for American Indian mothers to address intergenerational behavioral health issues and promote positive emotional and behavioral outcomes among mothers and children.	American Indian mothers ages 14 to 24 caregivers who enroll during their second trimester of pregnancy or who care for children under age 3. Family members can participate with the mothers.	63 lessons taught during 52 home visits between pregnancy and the child's third birthday. Each visit lasts from 45 to 90 minutes.	Costs for new sites are \$10,000 for the first year and \$3,000 per health educator trainee, \$4,000 per supervisor trainee, and \$400 per head for in-person trainings. After initiation, program cost is \$3,000 per year, with reduced rates for training.	Core training with six months of site-specific implementation support and technical assistance.  Community health paraprofessionals deliver services.
<a href="#">Functional Family Therapy (FFT)</a>  Well Supported	A short-term prevention program that aims to address risk and protective factors that impact youth development.	Implemented by clinicians with a bachelor's or master's degree in counseling or a related field. Providers complete a 2.5-day training, receive certification, and participate in coaching calls.	Delivered in 60 to 90 minute weekly sessions. The program is typically completed in 8 to 14 sessions.	Estimated average cost in 2012 was \$3,600 per participant.	Therapists must have a master's level education and must receive either FFT LLC training or FFT associate's training.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Healthy Families America</a> (HFA)  Well Supported	A home visiting program for both new and expectant families with children who are at risk for maltreatment or adverse childhood experiences.	Families and children. Services can begin prenatally or within 3 months of birth.	For the first 6 months after birth, weekly in-home visits are offered. After 6 months, families may move to less frequent visits.	To become an HFA affiliate, an agency must pay a \$500 application fee and an annual fee site of \$5,000. An accreditation process occurs one year after affiliation.	Home visiting staff must have at least a high school diploma or equivalent, experience providing service to families, and knowledge of child development. Supervisors and program managers need at least a bachelor's degree and three years of experience. Four-day core training is required for all staff.
<a href="#">Homebuilders — Intensive Family Preservation and Reunification Services</a>  Well Supported	An intensive, in-home counseling program, focusing on skill building and support services for families. Intervention methods include Motivational Interviewing, cognitive and behavioral strategies, and education methods.	Families who have children 0 to 18 years old at imminent risk of out-of-home placement or who are in placement and cannot be reunified without intensive in-home services.	Services are concentrated during a period of 4 to 6 weeks. Families typically receive 40 or more hours of direct services.	Site development for a new team including four therapists, one supervisor and one program manager costs \$48,975 for site consultation, quality assurance activities, training activities, client data, and documentation system.	Practitioners must have a master's or bachelor's degree in psychology, social work, or a related field. Practitioners with a bachelor's degree are required to also have 2 years of experience working with families.
<a href="#">Incredible Years – School Age Basic Program</a> (IY School Age)  Promising	A group-based prevention or treatment program that focuses on promoting positive behavior, reducing inappropriate behaviors, and supporting children's education.	Parents and children ages 6 to 12. The program targets higher risk populations and parents of children who display problem behaviors.	Parents receive 12 to 20 weekly group sessions in a community setting. Each session lasts for 2 hours.	Purchasing the program costs \$1,440. Group Leader Training costs \$690 for a 3-day training in Seattle. Onsite trainings are also available. Ongoing consultation calls for new group leaders cost \$210/hr.	In order to receive certification, group leaders must attend a 3-day in-person training. It is recommended that at least one of the two leaders working with each group has a master's degree, or equivalent education or experience.
<a href="#">Incredible Years – Toddler Basic Program</a> (IY Toddlers)  Promising	A group-based program that offers support for higher risk parents. The program aims to support parents form secure attachments with their toddlers and address behavior problems.	Parents with toddlers (1 to 3 years).	Parents receive 12 to 13 weekly group sessions. Each session lasts for 2 hours.	Purchasing the Toddler Basic Program costs \$1,000. Group Leader Training costs \$690 for a 3-day training in Seattle. Onsite trainings are also available. Ongoing consultations calls for group leaders cost \$210/hour.	In order to receive certification, group leaders must attend a 3-day in-person training. It is recommended that at least one out of two leaders working with a group has a master's degree, or equivalent education or experience.

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<a href="#">Intercept</a>  Supported	Provides intensive in-home services to children in out-of-home placement or at risk of entry into an out-of-home placement. Aims to reduce time spent in foster care and provide reunification services.	Children and youth from birth to age 18.	Families meet with a Family Intervention Specialist for 3 sessions every week for 4 to 9 months. Specialists are on call 24/7 to provide crisis support.	No cost information provided.	Family Intervention Specialists are required to have a master's or bachelor's degree in a related field. Specialists must attend a 4-day clinical foundations training and receive weekly consultation to ensure fidelity.
Interpersonal Psychotherapy (Weismann, et al. Manual) (IPT)  Supported	Designed to treat adult patients who have been diagnosed with major depressive disorder.	Adults who have been diagnosed with major depressive disorder.	For acute treatment, IPT is delivered once a week for 12 to 16 weeks. Sessions typically last for 50 minutes.	The Association for Psychological Therapies offers a 3-day online live course for IPT training that costs \$4,850 for up to 15 people. Most courses can be provided exclusively for a team or organization.	IPT is implemented by therapists with advanced health care or mental health degrees with clinical credentials (M.D., Ph.D., MSW, etc.). Therapists should have clinical experience in delivering psychotherapy and working with depressed patients.
<a href="#">Interpersonal Psychotherapy for Depressed Adolescents</a> (IPT-A)  Promising	IPT-A is an adaption of IPT for Depressed Adults. The goal of IPT-A is to improve depressive symptoms through improving interpersonal, communication, relationship and problem-solving skills. The premise of IPT-A is that there is a connection between mood and relationships.	Adolescents age 12 to 18 with depressive disorders who are experiencing mild to moderate symptoms.	Adolescents typically complete 12 weekly sessions lasting from 45-60 minutes.	No cost information provided.  Contact program developers for information: (615)-324-2365	IPT-A therapists are required to have a master's or doctoral degree in clinical/ counseling psychology or social work. Therapists must also attend formal IPT-A training programs.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Iowa Parent Partner Approach</a>  Promising	A partnership between families currently involved with the child welfare system and parents who have formerly been involved and have been reunified with their children.	Parents whose children ages birth to 17 have been removed from the home, and parents who can reunify with their children under special court-mandated conditions (for example, after receiving substance use treatment).	Parents initially meet with Parent Partners 4 times a month with phone calls between visits. After 2 to 3 months, meetings happen less frequently as the family works through their case plan.	There is currently no cost for use or adaptation of program materials as long as the Iowa Parent Partner Approach is cited. The request or need of the state or agency implementing the program will determine what costs may be associated with any program assisted. Building a Better Future training costs \$1,500 per trainer plus travel.	Parent Partners are required to complete 6 training modules before they are able to meet with families. After beginning the program, Parent Partners must also complete 5 supplemental trainings within 1 year.
<a href="#">Methadone Maintenance Therapy (MMT)</a>  Promising	Contact program developers for information:	Adults who have an opioid use disorder.	Dosage varies depending on individual needs. Most individuals receive methadone treatment daily for at least one year.	The average cost including medication and psychosocial and medical support services is \$126 per week, or \$6,552 per year.	MMT can be delivered by substance abuse counselors, nurses, or physicians. Clinicians must have appropriate licenses, certifications, training, and experience.
<a href="#">Motivational Interviewing (MI)</a>  Well Supported	A counseling method designed to help clients resolve ambivalence for change and increase motivation.	Family Intervention Specialists must have a master's or bachelor's degree in a related field. Specialists must attend a 4-day training and receive weekly consultation to ensure fidelity.	MI is typically delivered over 1 to 3 sessions. Sessions last between 30 and 50 minutes.	Average cost for MI training is \$350 to \$400 per individual. Discounted rates are offered for group trainings.	MI can be delivered by a variety of different professionals. There are no minimum qualifications.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Multidimensional Family Therapy (MDFT)</a>  Supported	An integrated, comprehensive, family-centered treatment model that addresses youth problems and disorders.	Adolescents and young adults (9 to 26 years old) with substance use, delinquency and mental health problems. At least one parent or guardian is required to participate in treatment as well.	Treatment typically occurs 1 to 3 times a week over a period of 3 to 6 months. Intensity can vary depending on the needs of participants.	The MDFT introductory workshop is a 2-day training that costs \$6,000 for a group of up to 35 people, plus cost of trainer travel to the agency or site.	Therapists delivering MDFT must have a master's degree in a relevant clinical field (social work, counseling, marriage and family therapy, etc.). In order to receive certification and deliver services, therapists must complete approximately 5 months of MDFT training.
<a href="#">Multisystemic Therapy (MST)</a>  Well Supported	An intensive treatment for youth who are at-risk for or already engaging in criminal activity.	Youth between the ages of 12 and 17 and their families.	Treatment includes multiple weekly visits between the therapist and the family for 3 to 5 months. Intensity of services varies and is determined by the therapist and family.	Implementation cost varies depending on the region and the provider. MST recommends that agencies budget for 4 to 6 master's level clinicians.	Therapists must work for licensed MST teams and organizations in order to deliver MST services. An initial 5-day training must be completed.
<a href="#">Nurse-Family Partnership (NFP)</a>  Well Supported	A home-visiting program implemented by trained registered nurses that provides support and education to mothers and their children.	Young, first-time, low-income mothers from early pregnancy (no later than the 28th week of gestation) through the first two years of their child's life.	NFP aims for 60 visits that last 60 to 75 minutes each. Nurses visit mothers weekly for the first month after enrollment. Visits then continue on a bi-weekly basis or as needed.	Cost of implementing NFP varies depending on location. Nurses' salaries account for most of the variability in cost. For example, the cost of the program in South Carolina is \$6,000 per family, while in New York City it is \$9,600.	NFP is typically delivered by registered nurses with a bachelor's degree or higher. Nurses must complete all educational sessions with the NFP National Service Office.
<a href="#">Parent-Child Interaction Therapy (PCIT)</a>  Well Supported	Aims to decrease externalizing child behavior problems, increase positive parenting behaviors, and improve the quality of the parent-child relationship.	Families with children who are between 2 and 7 years old and experience emotional or behavioral problems that are frequent and intense.	Services are typically delivered over 12 to 20 hour-long weekly sessions. Treatment length varies based on the needs of the child and family.	\$4,900 all-inclusive fee for 50+ hours of didactic training, one year of case consultation, and required tape reviews.	PCIT is delivered by certified therapists with a master's degree or higher. Individuals must complete 40 hours of training with PCIT trainers and approved materials.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Parents Anonymous</a>  Supported	A strengths-based prevention and intervention program to reduce instances of child maltreatment through peer support groups. Separate groups are offered for parents and caregivers and their children and youth.	Parents and caregivers with children up to age 18 who need support due to mental health challenges, substance use, or involvement with the child welfare system.	Weekly support groups that last approximately 2 hours. Participants determine how many weeks they attend.	No cost information provided.  Contact program developers for more information: (909)-575-4211	Parents Anonymous is delivered by certified group facilitators with a bachelor's or master's degree in a behavioral science field. Facilitators must attend a 40-hour in-person training.
<a href="#">Parents As Teachers (PAT)</a>  Well Supported	A home-visiting education program that teaches skills to new and expectant parents in order to promote positive child development and prevent child maltreatment.	New and expectant parents. Services can begin prenatally and continue until the child reaches kindergarten.	Usually delivered in homes, but can be delivered in other settings. Sessions are 60 minutes long and range from biweekly to monthly, depending on need.	\$1,290 for both the foundational training and model implementation training taken together. This training is 5 days in total.	PAT services are delivered by parent educators. Parent educators are required to have a high school degree or GED with at least 2 years of experience working with children and parents.
<a href="#">Prolonged Exposure Therapy for Adolescents (PE-A)</a>  Supported	A cognitive-behavioral approach that highlights developmentally appropriate concerns, strengths, and needs of adolescents. PE-A is based on Prolonged Exposure Therapy for PTSD (see below).	Adolescents ages 12 to 18 diagnosed with PTSD or who manifest trauma-related symptoms.	10 to 15 individual 60- to 90-minute sessions held once or twice a week, typically in a clinical or organizational setting. Family or other support systems can be involved in treatment.	Cost for PE therapist training and certification is \$6,000. Manuals cost roughly \$100.	Program delivered or overseen by licensed mental health professionals familiar with cognitive behavioral therapy or who have participated in intensive PE workshops.
<a href="#">Prolonged Exposure (PE) Therapy for PTSD</a>  Promising	A cognitive-behavioral approach designed to help trauma survivors emotionally process their traumatic experiences.	Adults diagnosed with PTSD or who manifest trauma-related symptoms.	10 to 15 individual 90-minute sessions held once or twice a week, typically in a clinical setting.	Cost for PE therapist training and certification is \$6,000. Manuals cost roughly \$100.	Program delivered or overseen by licensed mental health professionals familiar with cognitive behavioral therapy or who have participated in intensive PE workshops.



Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">SafeCare</a>  Supported	An in-home behavioral parenting program that aims to reduce child maltreatment by promoting positive parent-child interactions and a safe environment.	Parents or caregivers of children age 0 to 5 who are either at-risk for or have a history of child neglect or abuse.	Providers deliver 3 curriculum modules, each lasting for 6 sessions. Sessions last for about 50-90 minutes.	The average cost of implementing Safe Care per family is \$2,275 (2015 dollars). This cost estimate includes personnel time, office space, operating expenses, and training.	There are no educational requirements for Safe Care providers. In order to receive certifications, providers are required to participate in 32 hours of workshop training and receive post-workshop coaching.
<a href="#">Sobriety Treatment and Recovery Teams</a> (START)  Promising	An organizational and service delivery model that aims to engage parents in substance use disorders treatment and recovery, prevent out-of-home placements, and promote permanency for children.	Families involved in the child welfare system with children 6 years old or younger and a parent with a substance use disorder.	Families are referred by CPS and begin program activities within 30 to 45 days thereafter. Families participate in weekly home visits with a CPS caseworker for the first 60 days and a family peer mentor for 90 days. Participation lasts an average of 14 months.	Cost of implementation, and training and technical assistance (TTA) depends on a jurisdiction's level of readiness, need, and scale of the project. TTA packages are customized to the needs of the jurisdiction. Some areas requiring funding include salaries, flexible funds for families, SUD treatment, drug testing, data collection, workspace, and equipment.	Providers must be employed by a CPS agency and meet all education and training requirements required for employment. Agencies providing the START program are required to receive training from the National START TTA Program and participate in ongoing consultation. Children and Family Futures works with a jurisdiction for a minimum of 2 years through the implementation and certification process.
<a href="#">TBRI 101</a>  Promising	A self-guided adaptation of Trust-Based Relational Intervention (TBRI) developed for parents and caregivers of children who have experienced abuse, neglect, and other traumas. Based on attachment and trauma-informed principles.	Parents and caregivers of children ages 0 to 17 who have experienced abuse, neglect, and other traumas.	TBRI 101 is delivered as a self-paced online course with 5 modules, totaling 7.5 hours of content.	The online TBRI 101 course can be purchased for \$75 via the Karyn Purvis Institute of Child Development.	There are no prerequisites or requirements for participating in this self-guided intervention.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)</a>  Promising	For children and adolescents who have experienced trauma and have symptoms associated with trauma exposure. Caregivers are included in treatment when appropriate.	Children and adolescents who have experienced trauma and have PTSD symptoms, dysfunctional feelings or thoughts, or behavioral problems.	The program is typically administered in 12 to 16 sessions. Sessions are between 45 and 90 minutes, with the average session lasting 60 minutes.	Two-day training costs \$250 per participant. Consultation calls cost an additional \$455 for 12 calls (for national certification) or \$800 for 12 calls and audio review (for Department of Mental Health training protocol).	Providers must be licensed master's or doctoral level mental health professionals. To receive certification, providers attend two days of training, complete 3 treatment cases, score 80% or higher on a certification exam, and participate in follow-up consultation for 6 to 12 months.
<a href="#">Triple P (Positive Parenting Program) – Group Level 4</a>  Promising	A parenting intervention for families that takes place in a group setting. Sessions focus on positive parenting, child development, and managing misbehavior.	Families with children ages 0 to 12 who exhibit behavioral or emotional difficulties.	Parents typically attend 5 in-person group sessions with up to 12 members. Sessions last 2 hours. Parents are then provided feedback in 3 individual phone counseling sessions.	Online training and accreditation costs \$2,465 per individual.	There are no educational requirements for Triple P Group practitioners, but experience and knowledge of child development is preferred. Practitioners complete a 3-day training program and a 1-day pre-accreditation process. Six to 8 weeks after training, practitioners complete a half-day accreditation workshop to demonstrate proficiency.
<a href="#">Triple P (Positive Parenting Program) – Online Level 4</a>  Supported	A parenting intervention for parents of children with severe behavioral difficulties. Teaches 17 core positive parenting skills.	Parents of children up to age 12 with significant social, emotional, or behavioral problems, as well as families who wish to prevent problems.	Web-based program delivered in 8 one-hour modules, with access to individualized workbooks, worksheets, podcasts, and module summaries.	\$80 for 12-month access to modules and all materials.	No practitioner is required unless parents receive optional telephone support.
<a href="#">Triple P (Positive Parenting Program) – Self-Directed Level 4</a>  Promising	A self-help parenting intervention designed to teach parents how to manage children's behavior and educate their children.	Families with children age 0 to 12. The self-directed intervention is most appropriate for families living in remote or rural areas or who do not want direct contact with a therapist.	Parents complete the curriculum over a 10-week period. A workbook is provided to complete readings and practice tasks.	The online parenting courses for either the Toddlers to Tweens course or the Pre-Teens and Teens course each cost \$80.	Because the program is self-directed, there are no education, certification, or training requirements.

Program or Service	Description	Population Served	Dosage	Cost	Training
<a href="#">Triple P (Positive Parenting Program) – Standard Level 4</a>  Promising	A parenting intervention for families with children. Parents attend one-on-one training sessions with a practitioner in order to promote children’s social competence and self-regulation and reduce behavior problems.	Families with children ages 0 to 12 who exhibit behavioral or emotional difficulties.	Parents attend 10 weekly one-on-one sessions with a practitioner. Sessions last 1 hour.	Online training and accreditation costs \$2,465 per individual.	There are no educational requirements for Triple P Group practitioners, but experience and knowledge of child development is preferred. Practitioners complete a 3-day training program and a 1-day pre-accreditation process. Six to 8 weeks after training, practitioners complete a half-day accreditation workshop to demonstrate proficiency.
<a href="#">Trust-Based Relational Intervention – Caregiver Training</a>  Promising	Developed for parents and caregivers of children who have experienced abuse, neglect, and other traumas. Based on attachment and trauma-informed principles.	Parents and caregivers of children ages 0 to 17 who have experienced abuse, neglect, and other traumas.	Parents and caregivers attend 4 in-person group sessions that each last for 6 hours.	TBRI Practitioner Training costs \$3,500 for in-person delivery and \$2,500 for the online format.	Practitioners must complete TBRI Practitioner Training and receive certification in order to deliver TBRI-Caregiver Training. Practitioner Training includes online coursework, an interpersonal interview, and 5 days of on-site training.

### Programs or Services That Do Not Currently Meet Criteria:

- Alternatives for Families: A Cognitive Behavioral Therapy
- Attachment and Biobehavioral Catch-up – Infant
- Attachment and Biobehavioral Catch-up – Toddler
- Children’s Home Society of New Jersey Kinship Navigator Model
- Family Behavior Therapy – Adolescent
- Family Behavior Therapy – Adult
- Family Behavior Therapy – Adult with Child Welfare Supplement
- Family Centered Treatment
- Incredible Years – Parents and Babies Program
- Incredible Years – Preschool
- Interpersonal Psychotherapy (Stuart & Robertson Manual)
- Kinship Interdisciplinary Navigation Technologically-Advanced Model (Kin-Tech)
- The Matrix Model
- Multisystemic Therapy for Child Abuse and Neglect
- Nurturing Parenting Program for Parents & Their Infants, Toddlers & Preschoolers
- Nurturing Parenting Program for Parents & Their School Age Children 5 to 11 Years
- Ohio’s Kinship Supports Intervention/Protect OHIO
- Parent Connectors
- SafeCare Augmented
- Seeking Safety
- Solution Based Casework
- Together Facing the Challenge
- The Seven Challenges – Adolescent
- The Seven Challenges – Adult
- YMCA Kinship Supports Services

## Programs or Services Currently Under Review:

### *Mental Health*

- Acceptance and Commitment Therapy
- Aggression Replacement Training
- Alternatives for Families: A Cognitive Behavioral Therapy
- Child-Parent Psychotherapy (Re-Review)
- Cognitive Processing Therapy
- Cognitive Processing Therapy – American Indian and Alaska Native Adaptation
- Coping Cat
- Eye Movement Desensitization and Reprocessing
- Familias Unidas
- Families and Schools Together
- Families and Schools Together – American Indian Adaptation
- GenerationPMTO

- High Fidelity Wraparound / Intensive Care Coordination Using High Fidelity Wraparound
- Mindfulness-Based Cognitive Therapy
- Ohio's Kinship Supports Intervention/Protect OHIO (Re-Review)
- Parent Connectors
- Parenting Wisely
- Parenting with Love and Limits
- Parents Anonymous
- Safe Environment for Every Kid (SEEK)
- Strengthening Families
- Together Facing the Challenge

### *Substance Abuse*

- Acceptance and Commitment Therapy
- Assertive Community Treatment
- Beyond Trauma + Helping Women Recover

- Community Reinforcement + Vouchers Approach
- Familias Unidas
- Strengthening Families

### *In-Home Parent Skill-Based*

- Circle of Security
- Familias Unidas
- GenerationPMTO
- Parent Connectors
- Parenting Wisely
- Parenting with Love and Limits
- Strengthening Families

### *Kinship Navigator*

- Lilliput Families Kinship Support Services Program

## Submitting Programs & Services for Review

The [Title IV-E Prevention Services Clearinghouse](#) will continue to review programs and services, including those submitted through a public call for recommendations. Their website provides basic information on the review process on their [web page of frequently asked questions](#).

### *Identification of Programs to Review*

- Programs and services will be identified from the following sources:
- A public call for recommendations on at least an annual basis. The first public call occurred in the fall of 2019 and is now closed.
- Recommendations received in response to the 2018 FRN, federal partners, and other key stakeholders.
- An environmental scan and an inventory of the literature.

### *Eligibility for Review*

To be eligible for review, programs and services must:

- **Address at least one of the four program or service areas:** 1) mental health prevention and treatment programs or services, 2) substance abuse prevention and treatment programs or services, 3) in-home parent skill-based programs or services, and 4) kinship navigator programs.
- **Include a book, manual, or writings.** Programs and services must be clearly defined and replicable. To meet this criterion, they must have available written protocols, manuals or other documentation that describes how to implement or administer the practice.